



ISD Virtual Learning

Leadership: How to Start a Movement, Day 1

April 15, 2020



Leadership

How to Start a Movement, Day 1: April 15, 2020

Objective/Learning Target:

Students will identify how relationships and influence (leadership) relates to starting a movement.

Warm Up



This week has been all about the power of influence. Today I want you to think about one person who has been a positive influence in your life. Once you have chosen a person I want you to text, email, or call that person and let them know how they have influenced, and impacted your life. (Don't tell them this is for an assignment. Just tell them how grateful you are for them. You will probably be pleasantly surprised at how they respond to you).

Warm Up



This week has been all about the power of influence. Today I want you to think about one person who has been a positive influence in your life. Once you have chosen a person I want you to text, email, or call that person and let them know how they have influenced, and impacted your life. (Don't tell them this is for an assignment. Just tell them how grateful you are for them. You will probably be pleasantly surprised at how they respond to you).

I was asked to do this activity last November and the person I contacted was my mom. I am so happy that I had the chance to tell her how much she has influenced my life and meant to me before she passed away in February.

Lesson Activity: How to Start a Movement

Watch this video and then answer the questions in your notebook.

[Dancing Guy Video](#)



- What influence techniques were used by the dancing guy to start the movement?
- What did it take for the 2nd person to follow?
- Why was the first follower so important?
- Do you believe that the same leadership principles needed for this movement to happen, connect to any movement starting? Why or why not?

Practice

So always remember that leaders are very important but the *first follower* gives the movement credibility.

So, where are you a natural leader in your life? Try and think of how you are a natural leader at school and outside of school.

What are some situations where you could be a first follower? Again, try and think of how you are a natural leader at school and outside of school.

Reflection

During the warm up today you were asked to think of someone who has influenced your life and then to contact that person and tell them.

Have you heard back from that person? If you have were you surprised at their reaction?

How did it make you feel to tell them how you felt?

-I do hope that you found this activity beneficial and positive. Although I found it difficult to do this, it was a great experience.



